

2022

15<sup>th</sup> Annual

# BRONCO 5K

## & Kid's Fun Run

Saturday, July 2<sup>nd</sup> 2022 @ Falls High School 1515 11<sup>th</sup> Street, Int'l Falls

8:00am – 5k Race Starts (race day registration begins at 7:15am)

9:00am (Approx.) – Kids Fun Run, 400m and 800m

### If Preregistered by Monday, June 20th

5k Run/Walk \$20.00 with t-shirt, \$12.00 without t-shirt

Ages 10 and under....\$15.00 if registered by June 20th!

### Race Day

5k Race/Walk without shirt - \$20.00 no shirts available on race day

Race day registration will be at the FHS pool door entrance.

### Kids Fun Run is FREE

T-shirts can be ordered for kids (\$8.00) but the order must be turned in by June 20th



\*\*Pre-registered participants can pick up bib numbers and t-shirts on Friday, July 1st between 5-7pm at the FHS pool doors.  
You can also register for the race from 5-7 on Friday, July 1st.

**Pre-Registration: Mail registrations to Bronco Track Boosters, Falls High School, 1515 11<sup>th</sup> Street, Int'l Falls, MN 56649 or drop them off at the Falls High School main office (7am- 3pm). Attention Bronco Track Boosters, Bronco 5k. Please make checks payable to Bronco Track Boosters. Entry fees are non-refundable. Proceeds benefit the Bronco Track & Field Teams.**

**Race Course:** The race will start and finish behind the high school. The exact course will be on the course maps.

**Categories/Awards:** Male & Female Ages 5-10, 11-14, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 & older. All participants in the Kid's Fun Run will receive ribbons. Post race refreshments available.

Results/Awards presented following the Kid's race and available at [www.northlandrunner.com](http://www.northlandrunner.com)

**Registration Forms can be found on the Bronco 5K Facebook page, [www.isd361.k12.mn.us](http://www.isd361.k12.mn.us), FHS Community Education Office or the FHS Main Office**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Gender: F \_\_\_\_\_ M \_\_\_\_\_ Age on race day: \_\_\_\_\_

Adult T-shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

Youth size T-shirt: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_

Email Address: \_\_\_\_\_

**Check race:** 5K \_\_\_\_\_ Kid's Fun Run \_\_\_\_\_

I am entering this event at my own risk and assume all risk and responsibility for injuries I may incur as a direct or indirect result of my participating in this event. I, for myself, heirs, and executors, also agree not to hold any and all participating sponsors and supporters and the directors, employees, and agents of such parties responsible for any claims. I verify that I have full knowledge of the risk involved in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parental signature if under 18 years: \_\_\_\_\_